

October is National Disability Employment Awareness Month

ARS Client Uses Love of Volunteering To Find Career

My name is Ashlyn Hammons, and I'm 29 years old. After volunteering at local food banks for ten years, I wanted to make a change in my life, to do something different. A family member suggested my mom contact Building Bridges in Cabot, to see if they could help me find a job. They put us in touch with Arkansas Rehabilitation Services, who walked me through the process of getting a job coach and employment services.

My job coach, at Building Bridges, was very helpful with filling out job applications and job interviews. She was with me when I interviewed at U.S. Pizza in Cabot, where I'm now working. My job coach helped me with job training, making sure I understood what my supervisor wanted me to do. She even stayed with me at work until we both felt I was ready to work independently. Building Bridges even told me about a van service that takes me to work so I don't have to ask my family for transportation to and from my job every day.

My experience with Building Bridges and Arkansas Rehabilitation Services has changed my life. I now feel more independent, earning my own money and having a job that is just right for me!

